

REACH Communities of Practice



Join educators statewide to learn, share and grow
in your school's trauma-responsive practices

WHAT IS A REACH COMMUNITY OF PRACTICE?

A REACH Community of Practice (CoP) is a group of school community members from across the state who share a common interest in a topic **related to trauma-responsive practices in schools** and come together regularly to fulfill individual and group goals related to trauma-responsive practices. CoP facilitators support members in applying knowledge and insights gained through participation directly to their school community.

WHAT A REACH COP IS NOT?

A CoP is not a class, training, series of trainings, professional learning community, nor an opportunity for a passive learning experience. Learning happens through shared exchanges of knowledge, information and activities. **Learn-Share-Grow** is the core of REACH CoPs, and facilitators encourage and make space for the shared learning process among members.

WHAT WILL MEMBERS OF A REACH COP GAIN?

Members will learn from each other, have an opportunity to develop themselves personally and professionally, hone their professional practice and intentionally develop knowledge and/or skills to apply to their school development of trauma-responsive policies, practices and procedures. Members will gain new colleagues and a sense of belonging in a community that fosters trust, collaboration and connection. Collective learning and collective action leads to creating environments of collective care.

REACH CoPs actively engage through regular live, virtual gatherings and the use of the REACH Learning and Resource Hub. Sessions range from 90–120 minutes and, depending on the topic, meet four to six times per semester.

CoP topics align with one or more domains of the Trauma Responsive Schools Implementation Assessment (TRS-IA) and include topics, such as:

- Whole school safety planning
- Classroom-based strategies
- Staff self care

Participation in CoPs is voluntary and facilitated through an application process. To learn about offerings available this upcoming school year, please view the REACH CoP brochure and apply. PEL Hours and CEUs are available.

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit oese.ed.gov. Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.



REACH

Communities of Practice (CoP)

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Register for a CoP

Interested in participating? [Click here](#) to complete a brief online application. Applications are due by September 12, 2022 at 11:59 pm.

REACH CoPs will run from September 2022 through January 2023. Minimally, CoPs will meet every three weeks for 90-120 minutes. All CoPs offerings are virtual and can support up to 20 participants. CoP offerings support professional development, committee work, and school/district strategic planning related to trauma-responsive programming.

Participants will be notified of acceptance and enrollment by September 16, 2022. REACH school team designated leads will receive a list of all participants from their school. Participant orientation will take place on September 22nd from 3:45-4:45pm. Information will be shared via email.

Who can participate?

Fall 2022 CoPs are free and open to all REACH schools who have completed the TRS-IA and have submitted their action plans on or before July 29, 2022.

- Any school community member of a school participating in REACH should apply for a CoP that supports their learning.
- Completion of the *Introduction to Trauma* module on the REACH Learning and Resource Hub is encouraged prior to the start of the CoP sessions.

In the event a CoP offering reaches the maximum number of participants, a waitlist will be developed. Applicants will then be determined on a first come, first served basis.

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REACH CoP Offerings Fall 2022

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Social and Emotional Learning, It's Not Just for Kids

This Community of Practice offers a space to explore how we apply social and emotional learning skills to ourselves to more effectively teach and nurture students. Areas of engagement will include (but are not limited to): examining the relationship between adult SEL and self-care; developing new strategies to enhance adult SEL competencies as defined by the Collaborative for Academic Social and Emotional Learning (CASEL); understanding the role of adult SEL in implementing trauma responsive practices; and learning how to integrate an equity lens into our SEL practice.

Sample TRS-IA Alignment:

Domain: Staff Self-Care

Goal: Staff will report an increased understanding of the role of their own self-awareness in developing classroom practices that are trauma responsive.

Intended Participants: Any staff member or designated school affiliate connected to the REACH network.

Where: Virtual

When: Tuesdays from 4-5:30pm on Sept. 27th, Oct. 18th, Nov. 8th, Nov. 29th, Dec. 6th, Jan. 10th

Building and Expanding Mental Health Teams

This Community of Practice seeks to help schools build teaming structures focused on student access to mental health services; and develop strategies to provide in order to more effectively teach and model social and emotional skills.

Sample TRS-IA Alignment:

Domain: Targeted Trauma Programming

Goal: Schools will develop a multidisciplinary mental health team including external partner organizations to develop policies, practices, and procedures to address student mental health.

Intended Participants: School or district administrators and lead mental health providers for the school or district are strongly encouraged to participate. Supplemental team members can include teachers, nurses, or community partners. Communities wanting to prioritize student and family voice in the mental health team process could include a high school student and a parent/caregiver.

Where: Virtual

When: Wednesdays from 9:30-11:00am on Sept. 29th, Oct. 12th, Oct. 26th, Nov. 9th, Dec. 14th, Jan. 11th



REACH CoP Offerings Fall 2022

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Empowering Responsive Wellness in Schools

This Community of Practice offers a space for participants to explore, reflect on and enhance individual wellness, appreciate how your energy levels and management of those levels are interdependent, and discover how your connection to the whole school system affects your wellness. Participants will engage in discussions and activities supporting organizational and staff wellness to promote a culture of collective care.

Sample TRS-IA Alignment:

Domain: Staff Self-Care

Goal: Staff will report an increased understanding of compassion fatigue and secondary trauma by February 2023. School administration will provide staff choice on collective care options to increase staff compassion satisfaction and decrease staff compassion fatigue (measurement = PROQL tool).

Intended Participants: Any staff member or designated school affiliate connected to the REACH team.

Where: Virtual

When: Mondays from 3:45-5:15pm on Sept. 26th, Oct. 24th, Nov. 21st, Dec. 19th, Jan. 9th

Trauma, Racism, and Equity

This Community of Practice seeks to reflect on our values and experiences, increase knowledge and skills related to trauma, racism and equity (TRE) in schools, and learn strategies to improve school and broader policies related to TRE. This CoP will provide an opportunity to practice discussing issues related to TRE and build a network of allies. We will co-create our space and share the facilitator role throughout the process.

Sample TRS-IA Alignment:

Domain: Whole School Trauma Programming

Goal: Staff will engage in a 10 minute learning opportunity at each staff meeting that targets the impact of Racial Trauma on staff and students. Learning opportunities could include an article read, a turn and talk, viewing a short video, etc.

Intended Participants: Any staff member or designated school affiliate connected to the REACH team.

Where: Virtual

When: Wednesdays from 4:30-6:30pm on Sept. 28th, Oct. 19th, Nov. 2nd, Nov. 30th, Jan. 18th



REACH CoP Offerings Fall 2022

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Cognitive Behavioral Intervention for Trauma in Schools (CBITS)

The CBITS Supported Implementation CoP will provide a collaborative space to connect with colleagues trained in CBITS, share best practices for implementation, problem-solve common challenges, celebrate successes, review core components of the CBITS intervention, and receive consultation from the intervention trainers on how to implement and sustain CBITS at your school.

Sample TRS-IA Alignment:

Domain: Early Intervention Trauma Programming

Goal: *To increase access to evidence-based trauma counseling services for students through the training and implementation of Cognitive Behavioral Intervention for Trauma in Schools (CBITS).*

Intended Participants: Mental Health Professionals, Administrators and School Leaders who work with students in 5th through 12th grades.

Where: Virtual

When: Required 3 day training: Oct. 12-14, 9:00 am – 1:00pm, CoP SI Sessions Thursdays from 8:30-10:00am on Oct. 27th, Nov. 17th, Dec. 15th, Jan. 26th, Feb. 23rd

Additional Information

To learn more before registering, you can attend our virtual office hours. We will be available to answer any questions you may have about REACH CoPs during two separate September sessions.

September 6, 2022 from 3:30 PM - 4:30 PM

[Click here for Zoom link](#)

September 8, 2022 from 9:00 AM - 10:00 AM

[Click here for Zoom link](#)

For questions, send email to REACHCoPInfo@partnership4resilience.org



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