Navig8 Lake PreWork!

To prepare students for the event, each middle school is asked to complete three 15-minute pre-lessons designed to give students foundational knowledge for the career exploration experience. These lessons can be delivered in homerooms, advisory periods, or infused into any class time, as they are brief and focused. High Schools are asked to do their planned career interest inventory associated with their school, however they are also welcome to use these activities or versions of them.

Below is an outline of the lessons to be completed before the event:

Navig8Lake

Middle School Career Exploration Pre-Lessons

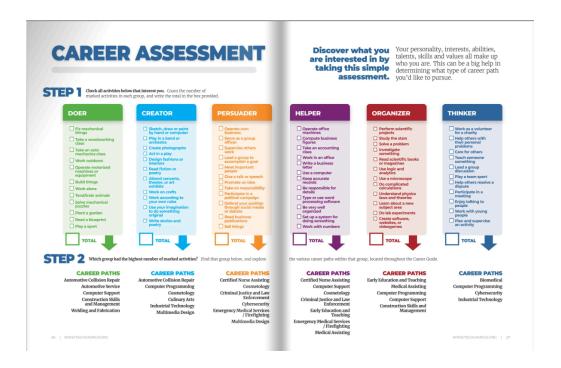
Click here to access the lessons

Lesson 1: Career Assessment

Objective: Students will use a career assessment to explore careers that match their interests.

Materials: Lake County Career Guide (pages 26-27), pencils, paper

- **Activity 1 (10 minutes)**: Complete the career assessment using pages 26-27 of the guide
- Activity 2 (5 minutes): Analyze results. Identify which career clusters
 align with their scores and reflect on whether those clusters match their
 personal interests.



Lesson 2: Exploring Different Careers

Objective: Students will learn about various career sectors.

Materials: <u>Lake County Career Guide</u> (specific sections), projector (if available)

- Activity 1 (5 minutes): Introduce at least three career clusters (e.g., Health Science, IT, Education & Training).
- **Activity 2 (5 minutes)**: Students choose a cluster and explain why it interests them.
- Activity 3 (5 minutes): Class sharing on cluster choices.

Lesson 3: Skills and Education for Careers

Objective: Students will understand how skills and education connect to careers.

Materials: Lake County Career Guide, Whiteboard, markers

- Activity 1 (5 minutes): Discuss skills needed for various career sectors (e.g., communication, technical skills).
- Activity 2 (5 minutes): Connect these skills to jobs.

Activity 3 (5 minutes): Students reflect on a skill they'd like to improve.



After Navig8Lake:

There is an additional follow-up lesson after the event to help 8th graders become familiar with their feeder high school and the elective and core classes available for career exploration.

Lesson 4: Career Pathways and Planning

Objective: Students will learn how to plan for a career pathway.

Materials: <u>Lake County Career Guide</u>, high school elective handout (will be provided at event)

- Activity 1 (5 minutes): Introduce career pathways.
- Activity 2 (5 minutes): Map out a pathway based on a career of interest using the high school elective guide.
- Activity 3 (5 minutes): Share and provide feedback on the pathways.

As an alternative, you can also leverage Schoolinks as a Prework tool.

Students can choose Find Your Path to connect themselves with a career cluster based on a fun skills and interests assessment.